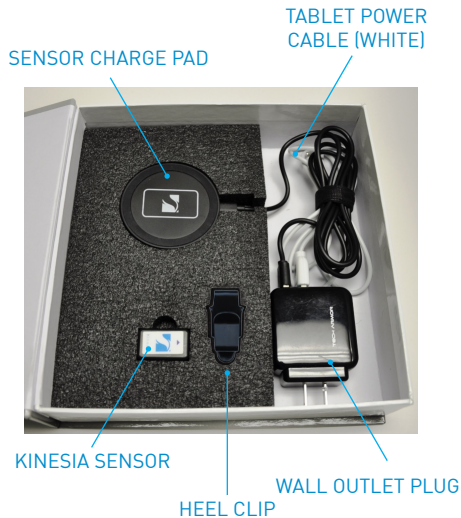






TABLET



1. Remove all components from the box and place on a desk or table with a wall outlet nearby.

2. Place the charging pad on the table with the white rectangular image facing up.



When the charge pad is plugged in, a green light will appear on the front.

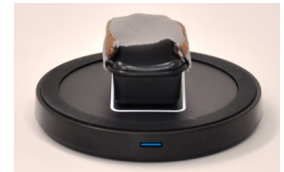
3. Place the iPad on a table and connect the white cable as shown.



4. The charge cables have been connected to the wall adapter. Plug the adapter into a nearby outlet.



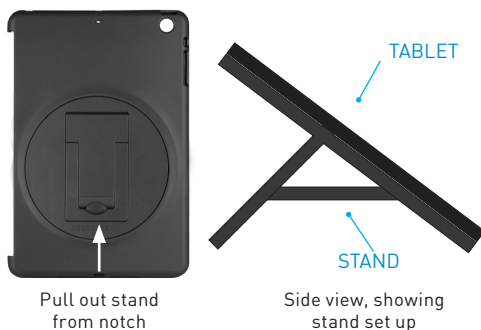
5. Place the Kinesia sensor label down on the charging pad.



The Kinesia sensor should be placed on the charge pad, label facing down. When properly placed, the light will change to blue.

6. It can take up to 4 hours before the Kinesia sensor is fully charged.

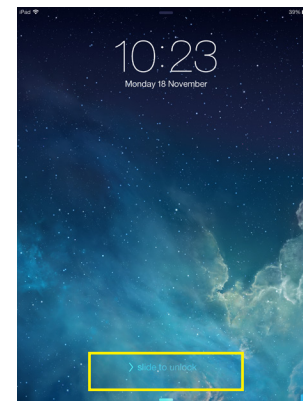
7. Pull out the tablet's stand and place the tablet in front of you.



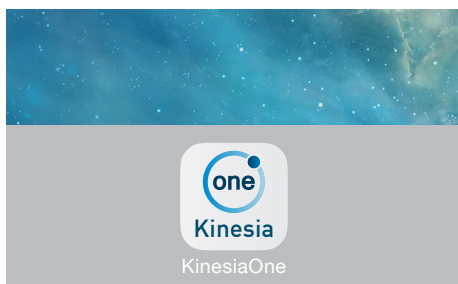
8. Turn on the tablet by holding down the power button.



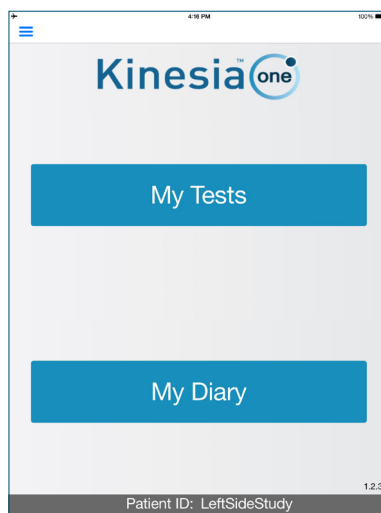
9. Slide your finger across the screen to unlock the device.



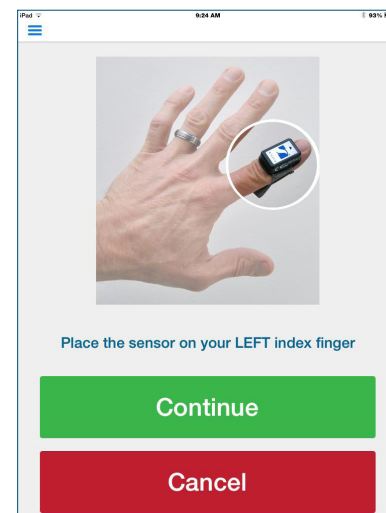
10. Tap the **Kinesia One** app icon.



11. Tap **My Tests**.



12. Follow the app instructions to complete the tests.



Task	Side	Instructions	Example
Arms Resting	Both	<p>Remain seated with both hands in your lap.</p> <p>Keep your hands relaxed and allow them to hang between your legs.</p> <p>Your hands should not be touching.</p>	
Arms Extended	Both	<p>Fully extend both arms forward with palms down.</p> <p>Your hands should not be touching.</p>	
Touch Nose	Sensor side	<p>Fully extend your arm forward with palm down.</p> <p>Slowly bring your index finger to your nose and extend your arm again.</p> <p>Slowly repeat this pattern.</p>	
Finger Taps	Sensor side	<p>Alternate between touching your index finger to your thumb and opening them as wide as you can.</p> <p>Repeat this pattern as quickly as you can.</p>	
Hand Grasps	Sensor side	<p>Alternate between your hand in a fist and fingers fully extended.</p> <p>Repeat this pattern as quickly as you can.</p>	
Wrist Rotation	Sensor side	<p>Fully extend your arm forward with fingers extended.</p> <p>Alternate between your palm fully up and down.</p> <p>Repeat this pattern as quickly as you can.</p>	
Toe Taps	Sensor side	<p>Sit in a chair with both feet flat on the floor. Tap your left toe as high and as fast as you can without lifting your heel.</p> <p>Do not move your other foot. Repeat this pattern as quickly as you can.</p>	
Leg Lifts	Sensor Side	<p>Sit in a chair with both feet flat on the floor. Raise and lower your right foot to the ground as high and as fast as you can.</p> <p>Do not move your other foot. Repeat this pattern as quickly as you can.</p>	
Gait	Both	<p>Stand up and walk approximately 16 feet away from the tablet along a straight path at a normal speed, turn in place, and walk back to the tablet.</p>	